

# Greenshaw Learning Trust

## **Food & Nutrition Policy**

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## **PART A:**

### **1.1 Application**

This Food and Nutrition Policy & Procedures applies to the Greenshaw Learning Trust as a whole and to all the schools in the Trust.

It is subject to the Trust's Scheme of Delegation for Governance Functions. If there is any ambiguity or conflict then the Scheme of Delegation and any specific alteration or restriction to the Scheme approved by the GLT Board of Trustees takes precedence.

It is the responsibility of the Governing Body and Headteacher of each school within the Greenshaw Learning Trust to ensure that their school adheres to this policy.

In implementing this policy all staff must take account of any advice given to them by the GLT CEO, the Head of Catering and/or the Board of Trustees.

If there is any question or doubt about the interpretation or implementation of this Policy the Head of Catering should be consulted.

### **1.2 Monitoring arrangements**

This policy will be reviewed annually by the GLT Head of Catering and will be updated when required due to legislation changes or changes to food standards.

### **1.3 Approval and review**

- Maintenance of this Policy is the responsibility of the GLT Head of Catering.
- This Policy was approved by the Board of Trustees on: 21 July 2023
- This Policy is due for review by the GLT Board of Trustees by the end of July 2026.

## **PART B:**

### **2.1 Policy Statement**

The Board of Trustees of the Greenshaw Learning Trust is committed to ensuring that schools within the Trust promote healthy eating and enable pupils to make informed choices about the food they eat, and believe that this can be achieved through a whole-school approach to food and nutrition.

At the Greenshaw Learning Trust (GLT), we know that what our pupils eat and drink is paramount to their health and well-being. GLT recognises the important connection between informed food choices and a pupil's ability to be healthy, happy and successful, and to learn effectively.

All staff have a key role in influencing pupils' knowledge and attitudes towards food, so GLT seeks to ensure that pupils receive consistent messaging about healthy eating across the formal curriculum, food provisions, school practices and staff acting as role models.

### **2.2 Policy Principles**

The Greenshaw Learning Trust and its schools will meet the standards as set out in the DfE School Food Standards.

All schools must ensure that they:

- Enable pupils to make healthy food choices through the provision of information and development of appropriate skills and attitudes.
- Provide free school meals if the pupil and/or parent meet eligible criteria and encourage any child who is entitled to, to apply for and then claim their free school meal.
- Improve the health of school communities by ensuring that they provide opportunities for food education and encourage healthy eating habits which also take into account environmental considerations.
- Meet any medical and dietary needs of pupils, within the Government food-based standards.
- Provide drinking water on school premises free of charge at all times.
- Provide appropriate food through the school kitchen for children who have particular needs because of disability, allergy, religion or culture or because of personal choice (ie; vegetarian / vegan).

In addition, all GLT Schools will :

- Provide facilities for children in which to eat, which must be free of charge for pupils bringing their own meals. These facilities must include accommodation, furniture and supervision.
- Have lower fat or lactose reduced milk available to children who want it, at least once a day during school hours.
- Work towards gaining an external Catering excellence award from the Soil Association Food for Life (Bronze accreditation).
- Sign up to the School Fruit and Vegetable Scheme (SFVS) which provides four to six-year-olds throughout England with a free piece of fruit or vegetable every school day.
- Work with parents to ensure that children receive appropriate food at school.

All GLT Schools will ensure that they provide food in accordance with the 'GLT School Food Standards' as agreed by the GLT Head of Catering.